

**Governors Council on Physical Fitness and Sports
Meeting Minutes**

DATE: January 11, 2007 TIME: 4:00pm
LOCATION: VCIL, 11 E. State St, Montpelier

RECORDER: Suzanne Kelley

FACILITATOR: Evelyn Sikorski

PRESENT: Janet Franz; Angie Scott; Burt Wilcke, Patti Turley; Maureen Mayo; Leslie Davis-Stone; Evelyn Sikorski; Elizabeth Campbell, David Butsch

GUESTS: Mike Fuelner

EXCUSED:, Andy Bishop

ABSENT: Jairo Blanco, Scott Caulfield, Suzanne Brue, David Kerin

TOPIC	DISCUSSION	ACTION	ACCOUNTABLE PERSON
Mike Feulner – National Meeting Report	<ul style="list-style-type: none"> - Mike provided background info on the National Association for Health and Fitness – the national version of the state Governor’s Council’s. Their website is a great resource. - Their 2007 annual meeting will be in April in CA – topic is “Active People, Active Communities, Active Environments”. - Janet and Liz expressed interest in attending 	Janet and Liz need to submit request to Suzanne to pay for conference.	Janet and Liz
Minutes From Last Meeting	<ul style="list-style-type: none"> - Were approved 	Suzanne to send final version of minutes to Marty Searight (Governor’s office)	Suzanne
“Briefs”	<ul style="list-style-type: none"> - Park Bench Yoga – panel displays will be at selected Vermont Welcome Centers. The council is an endorser of this project along with the Governor’s Highway Safety Program. There will be a media event about it this spring. Hopefully some Council members will be able to attend. - Burt mentioned Public Health Association’s November presentation on Building Healthy Communities – it was taped by Channel 15 if anyone is interested in seeing it. 	Janet to inform Council re: media event – when and where	Janet
Corporate Cup Update	<ul style="list-style-type: none"> - First week in Feb will be the planning team’s kick-off- expecting things to be mostly the same as last year, but there will be late fees and only typed registrations will be accepted. - Encouraging the Council to have a team or two and/or for members to volunteer if possible! - The 5K event is May 17th. 	Council members to get teams together and/or talk with Leslie about ways to help out.	All
Worksite Wellness Awards	<ul style="list-style-type: none"> - Goal is to get 50 applications this year. - Applications are ready to go out. Please distribute to any and all worksites promoting/implementing worksite wellness programs. - There has been a lot of participation from the northwestern part of the state, less from Bennington/southeast. Would like to find ways to 	Distribute applications	All

	increase participation in these areas.		
Individual Awards	- The individual award application is ready. We need a cover letter and way to distribute it.	- Distribute application. - Solicit names of potential award winners.	All
Meeting with Marty Searight	- Suzanne, Evelyn and Janet met with Marty Searight in the Governor's office. Discussed ways to fill Council vacancies. Marty was very encouraging of the Council providing names to her of potential members. - Discussed ways we could get the word out that we are seeking members.	Identify potential new Council members – provide names/contact info to advisory team members to follow-up	All
Other Updates	- Angie joined the Montpelier Safe Routes to Schools committee. Will update us next time on their work.		

Meeting adjourned: 6:00pm

NEXT MEETING: April – working on date and location

Respectfully submitted,
Suzanne Kelley
Approved by:

Hi Everyone-

We have decided to have our next meeting on Friday April 6 from 2:00 - 4:00 at the New England Federal Credit Union in Williston, VT

(Thursday April 5th 4-6pm is cancelled).

Directions: Exit off 89 at Williston, exit 12. If you are traveling north on 89 (from Montpelier, Waterbury, etc), turn right off the exit, toward box stores; if you are traveling south on 89 (from Burlington, Shelburne, etc), turn left, toward box stores. Pass all the box stores - pass through first light. At next light (Mobil Station and Friendly's) make a left. Then make first left onto Harvest Lane. NEFCU is on the left. Enter front of building and ask for EDUCATION center for our meeting.

One item for discussion will be identifying new members for the Council so please bring names of potential candidates to the meeting.

Here is a draft of last meeting's minutes.

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